

WORSHIP HANDOUT  
August 22<sup>nd</sup>  
Sermon Series: "Don't skip leg day"



OPENING OF WORSHIP

ANNOUNCEMENTS

Favorite Hymns, help us worship by telling us what you love to sing and why!

PA in the office on Wednesday.

Homecoming Next Sunday! Join us!

PRELUDE

\*CALL TO WORSHIP

We gather, as God's people, bringing our fears and pain,  
**knowing that when our spirits have grown cold,**  
**God rekindles the gift of faith in us.**

We gather, as God's people,  
hanging our broken hearts on the branches of the tree of life.  
**knowing that while friends may turn against us,**  
**God transforms enemies into siblings.**

We gather, as God's people, hungering for healing and hope,  
**knowing that even when life is no picnic,**  
**God prepares a feast for us.**

~ written by Thom Shuman, and posted on **Lectionary Liturgies**. <http://lectionaryliturgies.blogspot.ca/2010/09/25th-sunday-in-ordinary-timeproper-20-c.html>

\*HYMN

TFWS 2270 He Has Made Me Glad

TIME OF PRAYER

UNISON PRAYER

**"Do you want to  
leave me too?" Jesus asks.**

**He does not water down his words or change them.  
“Whoever eats my flesh will live forever.”**

**Where would we go, Jesus?  
Who has life and words  
like yours?**

**If you can create a universe from nothing;  
if you can invent a wheat field,  
then we believe that you  
can come to us  
as bread.**

**Holy One of God,  
come nourish us, be with us and sustain us,  
or we will not have the strength.  
Our journey will be  
too hard.**

~ written by Anne Osdieck, and posted on Saint Louis University's **The Center for Liturgy** web site.  
<http://liturgy.slu.edu/>

## **SILENT AND PASTORAL PRAYER (MUSIC)**

### **LORD'S PRAYER**

Our Father who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done, on earth as it is in  
heaven. Give us this day our daily bread. And forgive us our  
trespasses, as we forgive those who trespass against us. And  
lead us not into temptation, but deliver us from evil. For  
thine is the kingdom and the power and the glory now and  
forever. Amen.

## **HYMN**

**314 In the Garden - Lani Nichol's favorite**

Finally, be strengthened by the Lord and his powerful strength. <sup>11</sup> Put on God's armor so that you can make a stand against the tricks of the devil. <sup>12</sup> We aren't fighting against human enemies but against rulers, authorities, forces of cosmic darkness, and spiritual powers of evil in the heavens. <sup>13</sup> Therefore, pick up the full armor of God so that you can stand your ground on the evil day and after you have done everything possible to still stand. <sup>14</sup> So stand with the belt of truth around your waist, justice as your breastplate, <sup>15</sup> and put shoes on your feet so that you are ready to spread the good news of peace. <sup>16</sup> Above all, carry the shield of faith so that you can extinguish the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is God's word.

<sup>18</sup> Offer prayers and petitions in the Spirit all the time. Stay alert by hanging in there and praying for all believers. <sup>19</sup> As for me, pray that when I open my mouth, I'll get a message that confidently makes this secret plan of the gospel known. <sup>20</sup> I'm an ambassador in chains for the sake of the gospel. Pray so that the Lord will give me the confidence to say what I have to say.

**May God add a blessing to this reading.**

<sup>56</sup> Whoever eats my flesh and drinks my blood remains in me and I in them. <sup>57</sup> As the living Father sent me, and I live because of the Father, so whoever eats me lives because of me. <sup>58</sup> This is the bread that came down from heaven. It isn't like the bread your ancestors ate, and then

they died. Whoever eats this bread will live forever.” <sup>59</sup> Jesus said these things while he was teaching in the synagogue in Capernaum.

<sup>60</sup> Many of his disciples who heard this said, “This message is harsh. Who can hear it?”

<sup>61</sup> Jesus knew that the disciples were grumbling about this and he said to them, “Does this offend you? <sup>62</sup> What if you were to see the Human One going up where he was before? <sup>63</sup> The Spirit is the one who gives life and the flesh doesn’t help at all. The words I have spoken to you are spirit and life. <sup>64</sup> Yet some of you don’t believe.” Jesus knew from the beginning who wouldn’t believe and the one who would betray him. <sup>65</sup> He said, “For this reason I said to you that none can come to me unless the Father enables them to do so.” <sup>66</sup> At this, many of his disciples turned away and no longer accompanied him.

<sup>67</sup> Jesus asked the Twelve, “Do you also want to leave?”

<sup>68</sup> Simon Peter answered, “Lord, where would we go? You have the words of eternal life. <sup>69</sup> We believe and know that you are God’s holy one.”

L: This is the Word of God for all people.

**P: Thanks be to God.**

MESSAGE

“How do we continue?”

HYMN

178 Hope of the World

OFFERTORY

\*DOXOLOGY

UMH 95

Praise God, from whom all blessings flow;

Praise Him, all creatures here below;

Praise Him above, ye heavenly host;

Praise Father, Son, and Holy Ghost.

Amen.

UNISON PRAYER

Almighty God,  
giver of every good and perfect gift,  
teach us to give to you all that we have and all that we are,  
that we may praise you not with our words only,  
but with our whole lives.

## BENEDICTION AND RESPONSE

581 (vs. 4 only) Lord, Whose Love Through Humble Service

## POSTLUDE