

WORSHIP HANDOUT  
August 15th  
Sermon Series: "Don't skip leg day"



OPENING OF WORSHIP

ANNOUNCEMENTS

Favorite Hymns, help us worship by telling us what you love to sing and why!

PA in the office on Wednesday.

PRELUDE

**\*CALL TO WORSHIP**

L: Give thanks to God!

**P: We thank God for joy, for laughter,  
for abundant blessings of every kind.**

Give thanks to God

at all times and for everything!

**We thank God, when we can and as we can,  
for struggles, for solitude, for fears.**

Give thanks to God

at all times and for everything

in the name of our Lord Jesus Christ.

**We thank God that, in Christ,  
our joys as well as our pain,  
our losses as well as our laughter,  
are in God's heart and hands.**

~ written by Thom Shuman, and posted on **Lectionary Liturgies**. <http://lectionaryliturgies.blogspot.ca/>

**\*HYMN**

Shine, Jesus, Shine

TFWS 2173

TIME OF PRAYER

UNISON PRAYER

**They murmured.**

**Bread?**

**Down from heaven?**

**We know his mother and father.**

**They live down the street!**

**This is not about knowing,  
but believing, Jesus says.**

**Believe that I love you  
and want to be a part of you forever.**

**What better way than to be your food?**

**Jesus, we believe.  
Be our food. Amen.**

~ written by Anne Osdieck, and posted on The Sunday Website of St. Louis University.  
<http://liturgy.slu.edu/>

## **SILENT AND PASTORAL PRAYER (MUSIC)**

### **LORD'S PRAYER**

Our Father who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done, on earth as it is in  
heaven. Give us this day our daily bread. And forgive us our  
trespasses, as we forgive those who trespass against us. And  
lead us not into temptation, but deliver us from evil. For  
thine is the kingdom and the power and the glory now and  
forever. Amen.

### **SPECIAL MUSIC**

**We Have an Anchor  
(Michael Charters' favorite)**

### **CHILDREN'S MESSAGE**

**Pastor Andrew**

## LESSON 1

CEB

Ephesians 5:15-20

So be careful to live your life wisely, not foolishly. <sup>16</sup> Take advantage of every opportunity because these are evil times. <sup>17</sup> Because of this, don't be ignorant, but understand the Lord's will. <sup>18</sup> Don't get drunk on wine, which produces depravity. Instead, be filled with the Spirit in the following ways: <sup>19</sup> speak to each other with psalms, hymns, and spiritual songs; sing and make music to the Lord in your hearts; <sup>20</sup> always give thanks to God the Father for everything in the name of our Lord Jesus Christ.

**May God add a blessing to this reading.**

## \*LESSON 2

CEB

John 6:51-58

I am the living bread that came down from heaven. Whoever eats this bread will live forever, and the bread that I will give for the life of the world is my flesh."

Then the Jews debated among themselves, asking, "How can this man give us his flesh to eat?"

Jesus said to them, "I assure you, unless you eat the flesh of the Human One and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. My flesh is true food and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in them. As the living Father sent me, and I live because of the Father, so whoever eats me lives because of me. This is the bread that came down from heaven. It isn't like the bread your ancestors ate, and then they died. Whoever eats this bread will live forever."

**L:** This is the Word of God for all people.

**P:** Thanks be to God.

MESSAGE                    “Where do we start?”

HYMN                    Come, Sinners, to the Gospel Feast                    UMH 339

OFFERTORY

    \*DOXOLOGY                    UMH 95

    Praise God, from whom all blessings flow;  
    Praise Him, all creatures here below;

    Praise Him above, ye heavenly host;  
    Praise Father, Son, and Holy Ghost.  
    Amen.

UNISON PRAYER

    Almighty God,  
giver of every good and perfect gift,  
teach us to give to you all that we have and all that we are,  
that we may praise you not with our words only,  
but with our whole lives.

BENEDICTION AND RESPONSE

    Lord, Whose Love Through Humble Service (verse 4)                    UMH 581

POSTLUDE